

## Ribbon curls

### *Why we love it?*

It's an ultra-feminine, girly look that's easy to create, but still looks beautifully polished. It's perfect for romantic sunset dinners, or nights spent salsa-ing and samba-ing, before relaxing with a hard-earned glass of Sangria.

### *Rock the ribbon curl*

Start by washing and conditioning your hair. Next, towel-dry, comb into a middle parting and brush through a strong-hold mousse, then spritz with heat protection spray.

Blow-dry hair, tipping your head upside down to add volume at the roots. Comb through and then, starting at the front, take a two to three inch section of hair, spritz with hairspray, twist and wrap around your curling tongs, then curl upwards to the head pulling fairly tightly. Clamp for 10-15 seconds, then gently unwind hair into a curl. Spritz with hairspray to hold.

Continue around the head, then spray with hairspray to hold the style, and mist over a shine spray. Don't brush through, as this will disrupt the perfect ribbon-style of the curl.

## STYLING ESSENTIALS

- A comb • Strong-hold mousse
- Hairspray • Heat protection spray
- Hairdryer • Curling tongs (or heated stylers: if you've perfected the 'ribbon curling' method) • Shine spray

# SEXY, CAREFREE STYLES

*The talented Art Team from Strangeways salon in Leigh-on-Sea, Essex, have created four looks that take less than 30 minutes and are just perfect for sultry summer evenings. Here we explain how to recreate these styles...*

## STYLING ESSENTIALS

- Hairspray
- Two elastic hair bands
- Curling tongs or heated styler (optional for added texture)

### Bohemian braids

#### *Why we love it?*

It looks romantic yet carefree, with a glossy take on the hippy days of yore. Plus, it takes all of about five minutes to style, meaning more time to sit on the balcony watching the sun set and recharging your batteries ready for the night ahead. This relaxed style looks as good at an after-dark festival as it does for a walk around the harbour before dinner.

#### *Go boho!*

If you can plan ahead, make sure you put your hair in a top-knot for the daytime, then when you unravel it at night it should have plenty of bounce and wave ready to style. But if the thought of not washing your hair before a night out fills you with horror, then wash, blow-dry and add in a few messy curls with a tongs or heated styler for added texture. Take a four-inch section at the front of your hair on one side of your head, spray with hairspray and then tightly braid all the way down, leaving about one inch unbraided at the bottom and fasten with a band. Then tuck behind your ear. Repeat on the other side.

## STYLING ESSENTIALS

- Hairbrush • Hairspray
- Comb (optional for backcombing) • Kirby grips • One elastic hair band

### Effortless updo

#### *Why we love it?*

When you've spent too long catching those last rays of sunshine by the side of the pool, leaving you with no time to wash your hair before dinner, this is a simple solution. This style actually looks better on unwashed locks, as there's less 'slip', plus the extra texture will give finer hair more body.

This is an ideal style for humid climates, as it'll keep your hair off your face so you stay cooler, while the updo style stops frizz from being an issue. This also makes it the perfect look for hitting the clubs until dawn!

#### *Get up*

Gather hair up into a high ponytail, using hairspray to smooth any flyaways, then fasten just above the crown of your head. For extra volume, backcomb the ponytail using a comb and a little hairspray. Take the ponytail and wrap around your hand once to 'fold' the hair, then pull your hand out and spread hair into a fan shape and fasten with kirby grips. For a messier edge, gently pull hair out of the band a little and use your fingers to give a mussed-up look.

## STYLING ESSENTIALS

- Curling tongs
- Comb
- Kirby grips
- Hairspray

### Half-up with height

#### *Why we love it?*

Sexy, sophisticated and much easier to create than it looks, this is the perfect hairstyle to complement a backless dress or summery spaghetti straps.

#### *Go halves*

Add some soft, gentle curls throughout the back of your hair and gently brush out. Comb hair into a low side parting, then take two inch sections on either side, comb to smooth down and tuck behind your ears. Then, take a large section of hair from the crown and sides, leaving the smoothed out front section tucked behind your ears and leaving some hair 'down' at the back of your head. Backcomb this section of hair at the roots to give volume. Next, gather this hair together, twist once close to the roots, gently pushing the hair up into a mini-beehive and fasten with kirby grips. Then take the hair that's tucked behind your ears and pin it up near the pinned hair.