

# CREATE THE PERFECT PONYTAIL



Sometimes the simplest styles can be the trickiest to get just right. Luckily John Lucock from Peter Prosser Hairdressing in Hereford has shared his secrets for creating a gorgeous, sleek ponytail...



**Step 1** Begin by brushing your hair with a paddle brush to remove any tangles. For best results tilt your head back, as this will get rid of and bumps and parting lines.

**Step 2** Keeping your head tilted back, gather hair towards the centre of your head, brushing out any lumps.

**Step 3** Secure using a piece of elastic. Wrap the elastic several times before tying in a knot. Trim the elastic.

**Step 4** Take a few strands of hair from the ponytail and wrap around the base of your ponytail to conceal the elastic. Using a kirby grip, secure underneath the ponytail.

**Step 5** For a perfect finish, smooth over some finishing cream or serum with your fingers.

**Step 6** Spritz with hairspray to keep your ponytail in good shape.



# hair loves

To help you sweep your locks into a flawless pony, snap up these little beauties...

**TO PREP:** Percy & Reed Abundantly Bouncy Volumising Mousse, £12

**TO FIX:** Paul Mitchell Freeze & Shine Super Spray, £11.75

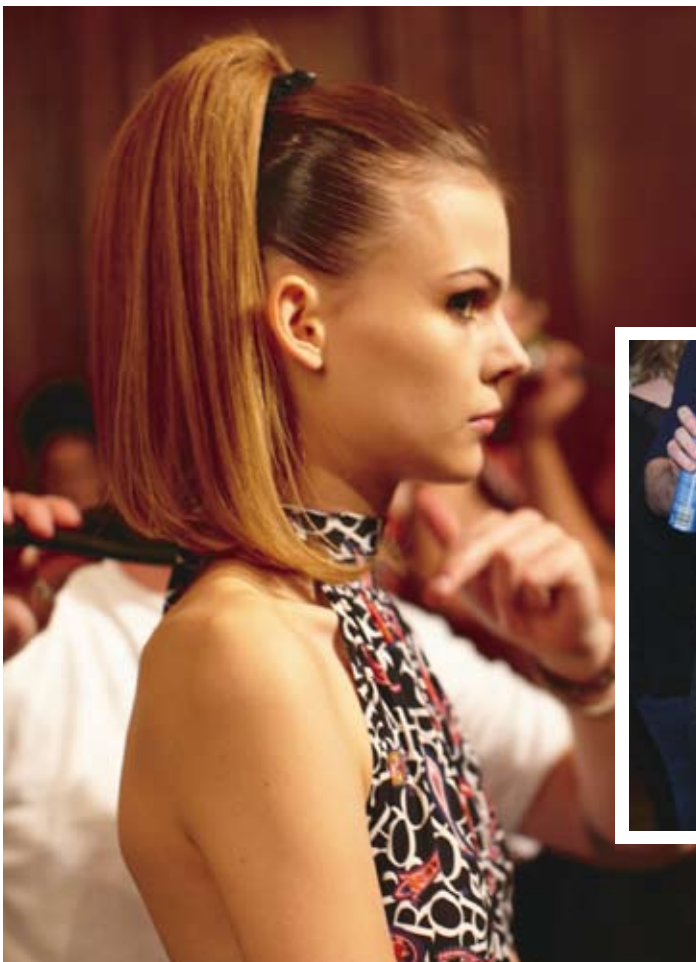
**TO ADD SHINE:** ghd Final Shine Spray, £9.95

**ESSENTIALS:**

- \* ghd Oval Dressing Brush, £20
- \* Boots Kirby Grips, £1.49
- \* Trevor Sorbie Black Hair Bands, £3.09 (at Boots)

## PONYTAIL PINBOARD

Check out some of our fave versions of this season's hottest trend



PHOTOGRAPHY RICHARD MILES MAKE-UP MADDIE AUSTIN  
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